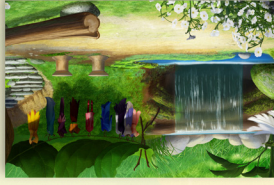


PIXIE HOLLOW GAMES FAIRY FITNESS GUIDE

The Fairies in Pixie Hollow train all year to make sure they are in flitterific shape when the Pixie Hollow Games come around. You and your Mainland pixie pals can stay in tiptop games-ready shape too! Print out this helpful guide and start training today with Fairy-themed games and activities.



READ THE DISCLAIMER BELOW BEFORE STARTING YOUR TRAINING

Make sure to get your parent's permission before you play. Play should take place somewhere safe, like a grass park or field or a street or driveway. For example, dodgeball-type activities should not involve hitting in the head; games with bikes and scooters should include helmets; pool games should always include a life-guard or parent supervision; tag and flag football-type games should not involve tackling.

The Walt Disney Company and its affiliated and subsidiary companies are not responsible for any accident or injury associated with participation with the Disney Fairies Flitterific Games. It is important that all supervisors exercise good judgment and contact appropriate personnel promptly in the event of an emergency. Play safely!



PIXIE HOLLOW GAMES INSTRUCTIONS

Use the template below for your Exer-"Dice" training:



- 1 Print out the guide and read the disclaimer
- 2 Cut and fold along the lines designated below:



- 3 Collect all 12 of the fairy talent training guides!



PIXIE HOLLOW GAMES FLITTERIFIC FITNESS GUIDE



OFFICIAL DISNEY FAIRIES
FAIRY-TALENT
TRAINING





- 1 Pick a player to be Fairy Mary
- 2 Have the rest of your fairy friends stand about 20 ft. away from Fairy Mary
- 3 Fairy Mary then chooses a fairy of her choice and announces an instruction like: "Sarah, take 3 little fairy steps backward" or "John, take 6 giant troll steps forward"
- 4 The fairy responds with "Fairy Mary, May I?"
- 5 Fairy Mary then states "Yes" and the fairy does as Fairy Mary says
- 6 If a fairy forgets to ask "Fairy Mary, May I?" before acting out an instruction, he/she must go all the way back to the starting line
- 7 First one to move all the way forward and touch Fairy Mary wins!



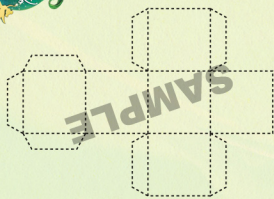
HOW TO PLAY FAIRY MARY, MAY I?



FAIRY MARY, MAY I?



OFFICIAL DISNEY FAIRIES
TINKER-TALENT
TRAINING



Ideas for activities to include on sample printable dice:

- 1 Think of six flitterific fairy fitness activities
- 2 Use the Disney Fairies Exer-"Dice" template provided and follow the instructions to create your own Exer-"Dice"
- 3 Add your favorite exercises or fairy activities to the sides of the dice; one exercise per side
- 4 Roll the dice and take turns acting out your Fairies Exer-"Dice"
- 5 For extra fun, roll a few times in a row and combine your exercises into a full fairy fitness routine



HOW TO PLAY TINK'S EXER-"DICE"



TINK'S EXER-"DICE"



OFFICIAL DISNEY FAIRIES
TINKER-TALENT
TRAINING

