

SWEET PITA PIZZAS

Serves: 4
Prep Time: 10min

Ingredients:

- 4 whole wheat pitas
- ½ cup peanut butter (or other nut butter)
- 1 banana – sliced horizontally
- ¼ cup walnuts
- ¼ cup raisins
- 1 tablespoons honey

Directions:

- Preheat oven to 350 degrees Fahrenheit
- Place the pitas on a baking sheet and build your pizzas dividing the peanut butter, banana slices, walnuts and raisins evenly across all 4 pitas
- Drizzle the honey over each pizza
- Toast the pizzas in the oven for about 5 minutes to warm through and melt the peanut butter
- Remove from oven and allow to cool slightly before cutting



The Mickey Check is a tool that makes it easier to identify nutritious choices in stores, online and while on vacation at Walt Disney Parks and Resorts. To learn more, visit DisneyMickeyCheck.com

ALWAYS wash fruits and veggies when preparing for cooking or eating.
When cutting, dicing, peeling and slicing - ALWAYS get your parents' help or permission.

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